



## Principal's Message

### W elcome Back

Welcome back to all of our students and families and to our new students and families who are joining us for Term 3. I hope you have all had an opportunity to relax over the holidays. The children have come back ready for learning and are demonstrating a positive energy among staff and their peers. We are looking forward to a great term.

### S taff Professional Learning

On Monday the staff at NHPS attended a Professional Learning Day at Kendal Public School focusing on the '8 ways of Learning' pedagogy.

8 Ways is a unique way of teaching and learning which draws on the traditional practices of our First Nation communities. Through approaches such as 'Community Links', 'Deconstruct/ Reconstruct', 'Land Links' and 'Learning Maps' students learn in a variety of ways which honour the long tradition of knowledge and learning in our local area.

### B and Camp

This week our Junior and Senior bands have been fine tuning their musical skills at 'Band Camp.' It is always a great opportunity for the students to experience a night away from home and have the opportunity to develop further their musical knowledge and performance skills.

Thank you to our tutors, Mr Moore and Mr Mowat for their support of the program and their attendance each day.

A huge thank you to Mrs Skerritt for all of her behind the scenes organisation of the program and her on the ground/around the clock support of the children.

We look forward to hearing our bands play at a variety of events throughout the year.

### T houghts & Prayers

We extend our heartfelt thoughts and prayers to the McKenzie family and our former student, Kai McKenzie, following a surfing accident at North Shore over the weekend. During this challenging time, we stand together as a school community to offer our support and strength to Kai and his family.

### S tage 3 Camp

Our Stage 3 students will head off to Collaroy in Week 3 for a camp experience. Mr McGrath, Mrs Parry and Miss Gouck are looking forward to sharing this time with the students.

Can I ask that families of our stage 3 students attending camp click the link in the email from the Collaroy Centre and complete the dietary form. A final permission note including packing information and medical requirements will be sent home this week. Please ensure final payments have been made and permission and medical forms are completed and returned to school as soon as possible.

Kind regards,

*Linda Xerri*  
Principal



### **P**ersonal Development and Health Lessons

The PDH teaching focus for Term 3 is Child Protection. Students will work in grade groupings on material suitable for their level of understanding. The material has been developed by the Department of Education and focuses on the idea that all children have a right to be safe. It is compulsory that child protection be taught in schools.

Parents who would like more information about the program or an opportunity to view the material being used are invited to speak to their class teacher.

### **P**SSA State Cross Country

Promising long distance runner Jordan Parsons represented the North Coast at the State cross country carnival, held at Penrith Equestrian Centre on Tuesday.

Jordan enjoyed the challenge of running against the best 8/9 year olds from all over NSW!

Well done Jordan. Congratulations on representing the North Coast, a massive achievement!



### **UPCOMING EVENTS**

Tuesday 30th July

District Athletics

Thursday 1st August

K-2 Athletics Carnival

Tues 6th—Friday 9th August

Stage 3 Major Excursion

Friday 9th August

K-2 Ditto's Keep Safe Show

Thursday 15th August

Canteen Meal Deal

Thursday 15th August

P&C Meeting 5.30 pm

### **SENTRAL PARENT APP**

Families are asked to please turn on the 'push notifications' option on their Sentral app. This will enable any important notifications to come through immediately and sound an alert on the device.

# K-2 Bravehearts Ditto's Keep Safe Adventure Show

## Friday 9th August (Week 3)

We will be welcoming the Bravehearts Ditto's Keep Safe Adventure Show again this year to provide children in K-2 with strategies that can help increase resilience and reduce the risk of child sexual abuse, as well as other forms of abuse including family violence and bullying.

Bravehearts Ditto's Keep Safe Adventure Show is underpinned by the following principles of personal safety:

- Differentiating safe and unsafe feelings
- Recognising the body's warning signs
- Body ownership and that it is ok to say no
- Helping children name public and private parts using anatomically correct names
- Reinforcing that there is no secret that children cannot tell someone
- What to do if children feel unsafe or unsure



Bravehearts aims to teach children these essential principles through a behaviour approach to content delivery, interactive games, and catchy, age-appropriate songs in a 30-40 minute session.

Please let us know if you **do not** wish your child to attend.



<b>UNIFORM PURCHASES</b>				
DESCRIPTION	PRICE	QTY	SIZE	TOTAL
<b>School Polo Shirt</b>	<b>\$35.00</b>			
Unisex shorts – microfibre	\$15.00			
Girls gabardine skort	\$20.00			
Girls sport skort	\$15.00			
Fleecy zip jacket with school logo	\$30.00			
Fleecy track pants	\$20.00			
School bucket hat – maroon with embroidered logo	\$12.00			
Sizes – 53cm, 55cm, 57cm, 59cm, 61cm				
Library Bag	\$3.00			
<b>All clothing available in sizes 4-22</b>	<b>TOTAL \$</b>			
Child's Name :	Class :	Date :		



## NSW Public Speaking

The Multicultural Perspectives Public Speaking Competition

MPPS

Last Term our stage two and three representatives participated in the district Multicultural Perspectives Public Speaking Competition (Thursday 4th July). Competing against students from Harrington, Taree West, Lake Cathie, Laurieton, Tacking Point, Forster, and Nabic Public Schools, our students showcased their incredible public speaking skills and unique perspectives.

Representing Stage 2 were Hanley Smith and Rory Seaton. Hanley delivered a thought-provoking speech on the topic of 'Peace,' while Rory captivated the audience with his insightful speech titled 'My Culture and Me.' From Stage 3, Kaia Hunter presented a powerful speech on 'January 25th,' and Paris Lin addressed the important issue of 'Racism' with her compelling speech.



All our students put in a fantastic effort and demonstrated their ability to articulate complex ideas with confidence and poise. The competition was fierce, with each participant bringing their best to the stage. We are immensely proud of our representatives for their dedication and hard work.

***A special congratulations goes to Rory Seaton, who won the Stage 2 finals with his outstanding speech.***

***Rory will be moving on to compete in the Regional Finals at South Grafton Public School on Monday, August 19th. We wish him the best of luck as he advances to this next exciting stage of the competition.***



Thank you to all the students, teachers, and parents who supported and encouraged our young speakers throughout their journey. Their success is a testament to the talented and inclusive community we have at our school.

Mrs Cairncross  
Public Speaking Coordinator

# K-2 ATHLETICS CARNIVAL

Thursday, 1st August

Venue—School Oval

**All students are expected to come to school on the day of the carnival.  
THIS IS A NORMAL SCHOOL DAY and the focus is fun  
and participation.**

## CANTEEN FACILITIES

**K-2**

**Normal canteen menu available  
plus the following:**

**Bacon & Egg Roll with tomato or BBQ sauce**

**Hot Dogs**

**Tea/Coffee/Water/Milk/Poppas**

- ◆ K-2 Carnival will be held on the school oval
- ◆ Events will commence at approximately 9.20 am
- ◆ Parents and Caregivers are welcome to attend - bring a folding chair or blanket to sit
- ◆ Students may wear a T-Shirt or clothing in their house colour (a note indicating your child's house colour has already been sent home).

K-2 Athletics Carnival Program of Events	
Time	Activity
9.05 - 9.20 am	Rolls marked in the classroom. Children will then move to the oval and sit in their house area.
9.20 - 10.40 am	Carnival commences 4 rotation activities— Long Jump, Ball Games, Shot Put, Discus Drink break Rotation activities continue
10.40 - 11.05 am	Recess
11.15 am	Age Races      8 year      100m (boys and girls) 6 & 7 years      70m (boys and girls) 5 year      50m (boys and girls)
12.30 pm	Boys & Girls relay in house teams
1.00 pm	Emu Parade & ribbons
1.15 pm	Lunch



For notification of absences families may -

- Ring or email school
- Reply to the sms message sent at 10.30 am on the day of the absence
- Log the absence via the Sentral Parent Portal

## CHEESEBURGER MEAL DEAL

\$8.00

Thursday 15th August



Cheeseburger (lean mince patty & cheese) & Chips  
Drink

Orders must be pre-ordered and paid for by Friday 9th August.

**CASH ONLY PLEASE**

**SORRY NO EFTPOS, NO ONLINE PAYMENT**

Name:		Class:		
<b>Drink</b> (please tick one)	Water	Poppa (99% juice)	Strawberry Milk (lite)	Chocolate Milk (lite)
<b>Sauce</b> (please tick one)	No Sauce		Tomato	BBQ



# Salty Kids

FRIDAYS 2ND AUG & 20TH SEPT  
PIZZA | GAMES | BIBLE

Lake Cathie Public School Hall  
6-8pm. School Years 2-5

PLEASE BRING  
\$5/FAMILY  
FOR PIZZA

Any Questions?  
Emily: 0408 655 331

salt  
COMMUNITY CHURCH

SATURDAY 21ST SEPTEMBER

9AM - 2PM

FREE  
ENTRY

JOIN US FOR OUR 2024

# SPRING FAIR

BYO KEEP  
CUP



THE  
LOST PLOT



CENTRAL ROAD  
PORT MACQUARIE  
PLANT SALES  
FOOD & MARKET STALLS  
ENTERTAINMENT  
WORKSHOPS  
KIDS ACTIVITIES



VISIT [WWW.THELOSTPLOT.ORG.AU](http://WWW.THELOSTPLOT.ORG.AU) FOR MORE INFORMATION



Our  
mobile van  
is coming to  
**Laurieton**

19<sup>th</sup> – 21<sup>st</sup> August  
2024\*

\*Length of stay dependent  
on bookings



Call 13 20 50

**McLennan Street**



Up the road from the  
Laurieton United  
Services Club

We recommend women aged 50–74 have a breast screen every two years.  
Book your free breast screen online at [book.breastscreen.nsw.gov.au](http://book.breastscreen.nsw.gov.au) or call 13 20 50.



Approved by: (a) NSW State, 2024; (b) BREASTSCREEN NSW; (c) 13 20 50

**WE'RE GOING BLUE FOR  
WORLD DROWNING  
PREVENTION DAY**

THURSDAY 25TH JULY

Anyone can drown,  
no one should.

