

ear Parents & Carers

How amazing do our new school shirts look!! I would like to thank Mandi Hill, our P&C president and the uniform committee for their contributions and support of our new uniform.

For those that are unaware the indigenous design on the front of the shirt was designed and created by local Birpai artist Angela Roberts. The artwork hangs proudly in the front foyer. The crab totem connects three meeting places, Dunbogan, North Haven and Laurieton. They are connected from the mountain, river and sea through food and dreaming stories.

D arent Volunteers

I would like to send a shout out to all of our parent volunteers who help out in the classrooms, support our P&C at school events, manage the uniform store, umpire at sporting matches and transport the students to extra-curricular sporting and cultural events outside of the school. We appreciate you all very much and love having you as a part of our school community.





Promoting and Teaching Quality Behaviour Research Base:

Staff at NHPS are currently undertaking extensive Professional Learning to support all student's social and emotional development, including the teaching of responsible behaviour. The learning is based on 'Choice Theory' (William Glasser). Our approach at North Haven Public School is to support student's social and emotional development, including the teaching of responsible behaviour.

Students are explicitly taught, consistently guided and supported to learn how to satisfy their own

needs in a responsible manner. At NHPS we are learning and recognising that all behaviour is purposeful and that students will always be behaving in ways to attempt to satisfy their own personal needs. It is our role to support students, through care and genuine concern to help them to understand what needs they are attempting to satisfy and teach them how this can be done in a responsible manner. Alternate behaviour choices need to be taught with ongoing support, feedback and encouragement offered to the student.

emester 1 Reports

Staff are working towards completing your child's Semester 1 report. The format is slightly different in line with the introduction of the new K-2 Numeracy and Literacy syllabus. The changes will be made to all stages/ grades. Reports will go home in week 10.

Kind regards,

Linda Xerri Principal

VISION: North Haven Public School, in partnership with our community, promotes and provides a dynamic, future-focused learning environment fostering equity and excellence. Our school will deliver opportunities for every student to become a successful learner and a caring, confident, creative individual.



Payments Due

Stage 3 Point Wolstoncroft	Instalment 2 (\$80) due Friday 21st Apri
Band Fees	Term 1 overdue Term 2 now due
Band Camp	Final payment due 16th June
Book Packs	Please pay as soon as you can
Voluntary Contribution	Please consider paying these if you can

UPCOMING EVENTS

Monday, 29th May

Lower North Coast Cross Country—Kempsey

Wednesday 31st May

Touch Football Gala Day

Monday 5th June

School Photos

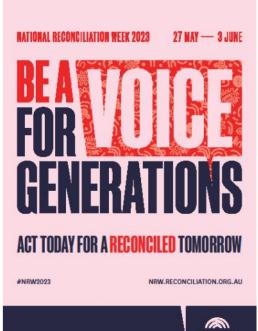
Tuesday 6th June

PSSA Netball Knockout Gala

Day

Monday 12th June

King's Birthday Public Holiday



KINDERGARTEN ENROLMENT IN 2024

To assist us with planning for next year's Kindergarten classes would any family with a child due to start school in 2024 and living in our school zone, please return the note below. Any friends/neighbours who have children commencing Kindergarten in 2024 may also complete the form or contact Carol in the school office on 6559 9261 to register their child.

Child's N	lame :
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_____ Date of Birth : _____ Preschool Attending : ______

Next section to be completed only if no other child is currently enrolled at North Haven Public School :

Parent's Name/s : ______ Contact phone number ______

Home Address :

Phone No :

SCHOOL PHOTOS Monday 5th June



Information regarding school photos was sent home last week. If your child did not bring home or has lost their photo information please contact the school.

IMPORTANT NOTE - Each child has an individualised note printed with their name & class and with a unique Shootkey and QR code.

- Follow the instructions on your child's note .
- Order online at www.msp.com.au
- EFTPOS is not available for school photos

All orders and payments should be made on the msp website.

DO NOT make an online payment for photos on the school website.

amily (Sibling) Portraits

Families who wish to have their children photographed together in a family portrait can request a separate order form.

Please return the attached note if you would like a family photograph envelope.

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Family Portrait Pack

I would like to have my children photographed together by the school photographers. Please supply a FAMILY PORTRAIT order form to be returned with my child.

Family Name:______Eldest child's class: _____

Parent's Signature_____

CHEESEBURGER MEAL DEAL \$7.00 **Thursday 1st June**

Cheeseburger (lean mince pattie & cheese) Drink

Orders must be pre-ordered and paid for by Friday 26th May.

CASH ONLY PLEASE SORRY NO EFTPOS, NO ONLINE PAYMENT

Name:		Class:		
Drink (please tick one)	Water	Poppa (99% juice)	Strawberry Milk (lite)	Chocolate Milk (lite)
Sauce (please tick one)	No Sauce		Tomato	BBQ



Band is well underway for Term 2. Just a few things to think about...

R and Camp

Thank you to all members who have already returned their notes for Band Camp 2023. I don't want anyone to miss out on this fantastic opportunity, so keep your applications coming in! Please see me ASAP if you need a new note.

D and Fees

Our Band Program is one of the best around, but it can't operate without the regular injection of funds from fees. Please ensure that your fees are paid on time and in full. If there is ever a reason why this can't happen, please contact us so we can look at our options and make a plan.

D ractice at Home

Progress in any field depends on commitment, hard work and practice. Music is no exception. Ideally, students will be practising their instruments at home at least 4 times a week. As we move towards our performance half of the year, personal practice is essential for individual and group improvement. Thank you to those families who actively support this by creating the space, time and encouragement for this to happen.

Liz Skerritt Teacher & Band Director





SSA Soccer Knockout

The girls played against Lake Cathie Public School in Round 2 of the PSSA Soccer Knockout on Thursday 4th May.

Unfortunately, three early goals by Lake Cathie saw the girls down 3-0 by halftime. Ratana did a brilliant job in goals the first half, not allowing the other 5 chances Lake Cathie had at goals. The back line, Marni, Chelsea and Kaia, also fought hard to keep the ball out of the goals. Unfortunately, some excellent shots at goal by Jypsi could not get past their goalie.

etball NSW Schools Cup

Congratulations to the Haven Heroes and the Haven Hurricanes! These two teams recently attended the Netball NSW Schools Cup Gala Day where they played competitive and non-competitive games against schools from the area. It was a fantastic day with 30 teams from both the public and private sector-a great way to make connections.

Special thanks to Tami Ray and Claire Summers for volunteering their time to umpire for the day, it is greatly appreciated!

Second half saw two more goals scored against our goalkeeper Celeste. She continued to do a great job saving many more from going in the nets and keeping the score at 5-0. Hannah had some great runs down the park too, but Lake Cathie was just too strong in their backline to get past.

All girls gave their best on the field and had fun at the same time. Well done girls!

SSA Tennis Knockout

Congratulations Patrick Dale, Sebastian Hickey, Marni McCarron and Marley Fleming for winning the PSSA Tennis round 2 game vs Kendall Public School.

Round 3 will be held this term. The date and team we are versing is yet to be decided.













Balancing the lunchbox

Making a healthy lunchbox can be easy and fun – especially if you get the kids involved!

What are the building blocks of a balanced lunchbox?

Use this guide as a starting point and get creative with your children to mix it up. You might like to build a mighty sandwich that covers a few of the food groups, or pack things separately, bento-box style, for your child to construct at school.

- 1 serving of protein (lean meats, 1 cup legumes (beans, chickpeas, lentils), 2 eggs)
- 1 serving of vegetables (1 cup of salad)
- 1 serving of fruit (1 whole fruit or 1 cup tinned fruit)
- 1 serving of wholegrains (1 slice bread or ½ cup pasta)
- 1 serving of dairy or dairy alternative (1 cup milk or 2 slices cheese)

Give the <u>Lunchbox builder tool</u> a go! This interactive website lets you build your lunchbox online and provides recipes, tips and more. It's seriously fun for adults and kids alike!

For more quick and tasty ideas, check out the <u>10-day lunch box menu</u>

For more info on serving sizes, check out <u>www.eatforhealth.gov.au</u>



Tips for fussy eaters



Tips for fussy eaters

Getting kids involved in choosing and making their lunch may help fussy eaters and stop food ending up in the bin. If leftovers do come home, try encouraging your kids to eat them for afternoon tea or use them up in dinner (like carrot sticks).

Top tips include:

- \checkmark Lead by example, try to share the enjoyment of healthy food with your children.
- ✓ Get kids involved in lunchmaking kids tend to eat if they can serve themselves or help with food preparation.
- Meal plan/shop together giving kids some choice over what they are eating can help foster their sense of independence.
- Make meals and snacks interesting by including different colours, shapes and textures.
- ✓ Try not to give in with preferred foods because "they have to eat something".
- Praise efforts and try to ignore unwelcome behaviour.

Some great recipe ideas are available from OzHarvest and from Love Food Hate Waste.

THEY'RE HERE!! OUR NEW SHIRTS HAVE ARRIVED

ABOUT THE NEW SHIRT

This shirt will replace the current everyday polo shirt and sports shirt. The new design will be the only shirt available and will be worn for all occasions (sport and everyday).

The phasing in of the new style will take approximately two years, by which time we anticipate all students will be wearing the new shirt. Students are NOT required to replace their current shirts until they outgrow them (unless parents want to purchase the new style immediately). Year 5 and 6 students are not expected to purchase/wear the new shirt but are welcome to do so.

The cost of the new shirt is \$35.00.

SIZING

- Please note the sizing of the new shirt is similar to the size of the current sports shirt, but smaller than the everyday polo shirt.
- Sample shirts in all sizes are available at the office if you are unsure and would like your child to try before buying.



- Payment can be made at the office by cash, cheque or EFTPOS or via the secure payment portal on our school website.
- BACK TO SCHOOL vouchers can be used until 30th June.

UNIFORM PURC	HASES			
DESCRIPTION	PRICE	<u>QTY</u>	<u>SIZE</u>	TOTAL
NEW SHIRT 2023	\$35.00			
Polo Shirt with school logo Sizes 4,6,18 unavailable ON SALE	\$15.00			
Sports Shirt Sizes 6,8,10, 12 unavailable ON SALE	\$15.00			
Unisex shorts – microfibre	\$14.00			
Sports mesh shorts Sizes 6,8,14,16 unavailable	\$14.00			
Girls gabardine skort	\$17.50			
Girls sport skort	\$14.00			
Fleecy zip jacket with school logo	\$28.00			
Fleecy track pants	\$16.00			
Unisex gabardine trousers ON SALE	\$10.00			
School bucket hat – maroon with embroidered logo	\$12.00			
Sizes – 53cm, 55cm, 57cm, 59cm, 61cm				
Library Bag	\$ 3.00			
All clothing available in sizes 4-22				
			ΤΟΤΑ	L \$
Child's Name : Class :	Date :			

Clearance Sale until sold out

Bag a bargain on the following items -

POLO SHIRT WITH SCHOOL LOGO Sizes 4, 6, 18 unavailable

SPORTS SHIRT Sizes 6, 8, 10, 12 unavailable

UNISEX GABARDINE TROUSERS All sizes available Reduced to \$15.00

Reduced to \$15.00

Reduced to \$10.00



UNIFORM SHOP HOURS

Tuesday mornings 9.15 am - 9<mark>.45 am</mark>

NORTH HAVEN PUBLIC SCHOOL P & C Meeting minutes – 9th May 2023

Meeting Opened	5:31pm
Present	Linda Xerri, Mandi Hill (President), Jo Randall (Treasurer), Melanie Woollam (Secretary), Murray McGrath, Olivia Bowen, Lisa Blackman, Marteen Buchanan, Lisa Blackman, Natalie Frisch
Apologies	Trish Long, Lauren Manning, Jess Gouck, Tenneal Calcutt, Bonnie Yonon, Jess Humble, Meg Monaghan, Nicole Menzies, Carol Gilman.
	Previous minutes to be moved at next meeting.
Business Arising	Nil
Correspondence	Mother's Day correspondence, bank statements, uniform invoices.
Treasurers Report	 Full report provided (to be amended to include new shirts purchase as expense). Opening balance from 1st Feb to 30th April \$24612.81 Income \$11116.85 (credit interest and Easter raffle). Expense \$11 610 (New shirts purchased) Total expenses \$14 016.80
Uniform Report	Full report to be provided at next meeting. New school shirts arrived (slightly smaller than previous polo shirts & parents will be encouraged to ensure correct fit for students). Stocktake to be conducted in uniform shop prior to releasing new shirts in two weeks' time. Mesh shorts nearly sold out.
Fundraising Report	 Mother's Day craft: Students have enjoyed the crafts across various stages. Some volunteers still required for Thursday 11th & Friday 12th (for packaging). Trivia night: Fundraising meetings every 2 weeks to organise donations/prizes. Week 5 is cut off for donations to be received. Theme for trivia night – 'Turn back time'. 8 rounds of Trivia with silent auctions and prizes. Barcodes (to be organised by Nicole Menzies) for booking table. \$100 per table, 8 people per table. Yet to determine total no. of tables.
Canteen Report	Meal Day upcoming. Full report to be provided at next meeting.
Principals Report	Full report provided.
General Business	Ongoing concern of safety for students dropped off at school. Parents encouraged to park in designated car park to avoid being issued fine by rangers for dropping students off in bus zone.
Meeting closed	6:44pm



AWARD

WINNERS



Informal Assembly Learner Award Recipients				
KD	Finn Collins	Travis Humble	Ada Schliebs	Astrid Flood
K/1E	Sean O'Connor	Layla Smith	Joey Middleton	Cali Hayworth
1/2B	Skye Egan	Taneka Blanch	Tia Hardman	Dustin Monaghan
2/35	Rubi McLeod	Piper Currie	Alice Gray	Hunter Woods
3/4A	Parker Lin	Amaya Fahina	Zeike McCudden	Alexis Kent
3/4G	Ruby Jackson	Nickita Wilkinson	Isabella Whiteman- Towner	Jacob Everden
5/6M	Millie Romer	Lailah Hearne	Max Smith	Lily Keller
5/6R	Emma Dawra	Luke O'Connor	Jackson Ray	Name withheld

	Haven Hero	Formal Assembly Merit Award Recipients		
KD	Alice Bowen	Braxon Whyte	Patrick Clark	Stella Cooper Sarah Herring
K/1E	Indi Hunt	Lachie Versluis	Chilli Bennett	Ashton Ross
1/2B	Willa Fleming	Koa Cummins	Riley Oxenbridge	Hailey Humble
2/35	Kandace Gavin	Zyggi Mann	Name withheld	Lily Jackson
3/4A	Matilda Frisch	Bennett Monro	Ava Brown	Bridie Carney
3/4G	Harper Stoddart	Neo Petersen Campbell	Milla Barnett	
5/6M	Brayton Axe	Koa Michie Carpenter	Zach Webber	Kaos Chaffey
5/6R	Zeke Woollam	Ryan Winter	Savannah Byrnes	Luke Middleton

North Haven Public School Student Absence Note				
My child	of class			
was absent from school on the following date/s				
for the following reason				
Parent/Carer Signature :	Date:			





BASKETBALL NSW

GIRLS BASKETBALL IT'S FUN & FREE

I AM A

I CAN DO ANYTHING COME

TRY

Saturday 3rd June 2023 4.5 - 7yrs: 10:00am-11.00am 8 - 18yrs: 10:00am - 11.30am

Come & be a part of the Waratah Women's northern round. FREE ENTRY FOR CAMP PARTICIPANTS!

Port Macquarie Indoor Stadium, 1 Hibbard Drive

SIGN UP NOW

www.bnsw.com.au/i-am-a-girl



Leaders 18+ (all training provided, WWCC needed)

